

Jim's circle of support includes...

Family	Finances
<p>My children – They always believe in me. When I started drawing, they called me an artist. When I wrote music for them, they glowed while playing it. They believe in me like I believe in them. It's a wonderful dynamic.</p> <p>Sister – When my marriage fell apart, I connected with my sister. We had never been close. She's always there for me to fall back on and, regardless of her own opinions, wants me to pursue my happiness.</p>	<p>Net Worth – I've done okay over the last few years. My house is paid for and I have money in the bank. I can't use money as an excuse.</p> <p>Credit – I know if I need to, I have resources to draw on to start my dream. Since I'm also stepping outside the consumption rat race, I know that it won't hurt to simplify. In fact, that appeals to me. Smaller house, simpler life, living the dream now... not in "retirement".</p>
Relationships	Health
<p>Heidi – She fully supports my desire to find and live my dream, as I do hers. Nothing is too bold. It doesn't matter how far from the beaten path I get, she's there with me. That matters.</p> <p>Friends – I've have many, in various aspects of my life. Climbing, Toastmasters, Work, Neighbours, etc. I thought it was difficult to make new friends. I was wrong.</p>	<p>Fitness – I've always been active, and have no desire to give that up. It reduces stress.</p> <p>Diet – I've been more and more conscious of what I put in my body. I've reduced caffeine intake, and try to eat as little processed food as possible. It doesn't hurt that I like to cook, either.</p>

Brett's circle of support includes...

Family

My Wife – She is my Rock, my soulmate and the reason for what I have achieved so far... Without Her, I would be a mere shadow of the man I am today. Her strength and resolve inspires me every day.

My Daughter – She is my inspiration, my motivation and my relaxation. Without her, my wife and I may never have achieved what we have so far. We'd only been together 10 months when she was born and I knew straight away that this was my destiny and it was time to grow up.

My Dad – He helps in his own way. Our relationship has never been smooth but he is there when I have needed him most. We wouldn't have our own roof over our head without him. Not only that, he has a full-featured workshop that we have used together on many occasion

My Sister – She give me all the encouragement I need when I am laid low with insecurity and indecision. Her wise counsel has made a great difference, especially in recent times.

Finances

Well, I'm at work.... That is always good in these times. There are many more things I should be doing, like gaining industry certifications.

Brett's (continued) circle of support includes...

Relationships

My Wife – She is always there with a kind word and a good hug. She sees in me what I cannot (or will not) and constantly reminds me of the good that I have done. I could not have asked for a better person to share my life with...

My Daughter – Her laugh, her smile, her jokes keep me going when all seems lost. When I feel down, I watch Star Wars or Batman or the Goonies with her and see it through her eyes and nothing seems so bad again. She helps me more than she knows...

My Best Mate – He's the guy that I have known for 20 years, working in the RAAF together, playing footy and chasing girls. Even though our careers diverged and we live in different cities, 2000kms apart, I can always call him up, talk footy and get straight answers. Be it telling me to get off my arse or that I should be checking out these health fund options or whatever, he'll give it to me straight..

My Dog – He loves me no matter what... He is so excited to see me, that his whole body wags and only his head stays still. He doesn't care about anything else I have or haven't done, he is just glad to see me.

Health

I'm not doing enough for my health.... I have only just started taking the dog for a walk.... And I only get around the block so far...

Cat's circle of support includes...

<p>Family</p>	<p>Finances</p>
<ul style="list-style-type: none"> • Sisters (busy, difficult to reach, but great to talk to) • Mother (tries to be supportive, but I feel that I have difficulty earning her genuine approval) 	<ul style="list-style-type: none"> • I do!-->working/saving money (though, not much due to low salary) • will apply for scholarships/loans/financial aid for grad school • should things go horribly wrong (i.e. jobless), mother and her family willing to help out.
<p>Relationships</p>	<p>Health</p>
<ul style="list-style-type: none"> • Locally: a couple close friends, one moving end of summer; a bunch of casual friends to interact with socially • Long-Distance: a close friend generally reachable by phone • Mostly understanding boss; wants me to succeed at life/find my calling. Is aware of my desire to move on and is willing to work with me on that. I think, in this respect, I'm really very lucky. 	<ul style="list-style-type: none"> • Physically healthy/no major health problems, never sick. It definitely makes things easier. • Cooking/baking-->give away-->good feelings • Reading/Writing • Vegetate (TV, surf the internet, listening to music)-->do too much of this. Need to channel my free time more productively • Martial Arts* --going through a burnout period, have difficulty getting myself to class. Trying to work through it. • Meditation. Need to find the time to dedicate to it. • Hanging out on the porch with the neighbor's cat and just decompressing. • Growing up, spending time at the barn-->impossible now due to lack of money, time, transportation, location, etc. Should transportation materialize, I can find ways of starting up again.